

### **UP-GRADE YOUR LIMIT**

# **VERTICS**

#### **GET YOUR VERTICS**







The fastest way to your VERTICS. Sleeves: Order your VÉRTICS. Sleeves online in our shop on VERTICS-Shop.de, visit a sports store or one of our Testbases and try and buy VERTICS. Sleeves right on location.

#### **MEET VERTICS**









The second-fastest way: Visit one of our promotion appearances in indoor climbing gyms and on climbing-, racing- or other sports events.

#### **FOLLOW VERTICS**





Follow us on facebook.com/ vertics.sleeves or look at our website vertics.eu. There you will have all the actual appointments in sight and you can see when we are close to your hometown.



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**VERTICS.DE F** VERTICS.SLEEVES



FOREARM MUSCLE COMPRESSION

CLIMBING RACKET WATER RACING









# VERTICS.SLEEVES ARE INNOVATIVE COMPRESSION LEEVES FOR THE FOREARMS

#### **FEEL THE TENSION**

- Improvement of muscle tension
- Stabilising of sinews and ligaments
- Improvement of coordination and precision in movement (proprioception)
- Decrease of risk of injury

#### **ENJOY THE FLOW**

- Boost of muscular blood flow and oxygen supply
- Increase of muscles' power
- Intensification of training with less exhaustion

#### FORGET ABOUT THE PUMP

- Decrease of the unwanted forearm pump
- Avoiding sore muscles
- Abbreviation of recovery time



# HIGH TECH SPORTS PRODUCT MADE IN GERMANY

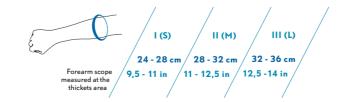
VERTICS has discovered and intensively tested the positive effect of forearm muscle compression. With an experienced partner for orthopedic-technical knitted products, we developed a forearm cuff, whose compression effect is exactly balanced to the muscular work of the forearms.

The effectiveness of VERTICS. Sleeves is based on medical findings. Compression bandages accelerate the blood supply and boost the oxygen transfer in the muscles which leads to an increase of the muscles' performance and a faster recovery.

# VERTICS.SLEEVES ARE A HIGH CLASS FUNCTIONAL SPORTS PRODUCT WITH OPTIMAL PRODUCT FEATURES

- Seamless knitting technique for big wearing comfort
- Double knitted seam area for long resistance
- Synthetic blended fabric for permanent elasticity and easy maintenance
- Compression diminishing towards the heart for increase of blood circulation
- Two different comression areas through knitting structure "Ripp" and "Piqué"
- Environment friendly materials
- Latex free

VERTICS. Sleeves are available in three different sizes:



# PUTTIN ON VERTICS.SLEEVES

You can put on the Sleeves best before the beginning of your training session and keep on all the time. Make sure that the material is applied evenly on the forearm with no wrinkles. If they are too long at the elbow, you can turn inside out the top border, or you can simply pull it over the elbows.









# PUTTING OFF AND MAINTANANCE

Hold the sleeve tight at the top and pull it down the forearm inside out over the hand. You can clean the sleeves turned inside out by machine or hand wash at 40 degrees centigrade. Do not put on the heating or in the laundry dryer. The functional material dries very quickly.

#### **VERTICS.Sleeves Materials**

75% Polyamid, 25% Elasthan



